

SUNDAY STAR★TIMES MAGAZINE FEBRUARY 8, 2009

sunday

JUST FINE AND DANDY

Autumn fashion's New Victorian manner



• **Pouch power** Why pockets are big • **Hipster lip** The rise of the female moustache

katie's diary

A week in the life of beauty editor **Katie Newton**

Roses for my Valentine

Giving roses for Valentine's Day is a lovely tradition, albeit unimaginative. And at around \$100 a dozen, they are pretty steep for a gift that'll last a week. As an alternative consider a box of rose-themed beauty products, for a present that's romantic and useful.

Jo Malone fans will wilt at the sight of a lemon and black be-ribboned box containing Red Roses Cologne 100ml, \$180 (pictured); Bath Oil, \$115; and Body Lotion, \$115. All have that irresistible fresh-cut flower smell and come in unashamedly posh packaging. If your budget doesn't stretch that far, pay a visit to The Body Shop and box up their new limited edition Moroccan Rose Eau De Toilette, \$42; Body Milk,



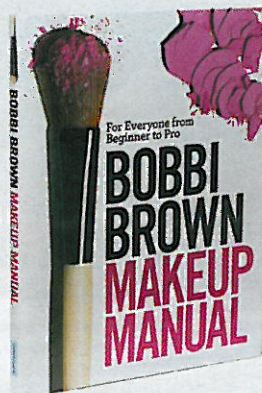
\$28; and Roseflower Lipstick in Soft Pink, \$28.

The Trilogy skincare range is built entirely around the nourishing and protecting qualities of rosehip oil, which suits all complexions, even oily skin.

A combination of the Cream Cleanser, \$38.90, Hydrating Mist, \$26.90, and Energising Face Lotion, \$45.90, will be welcomed by those who prefer their skincare without chemical irritants.

German natural skincare brand Dr Hauschka also does a line of rose products, which includes a Rose Day Cream, \$54, Body Wash, \$29, and Body Oil, \$49. Choose one or any combination of these to ensure you'll come up smelling of you-know-what.

Book it in An unexpected trip away meant I couldn't attend the first big beauty launch of the year – the *Bobbi Brown Makeup Manual* brunch. While I might have missed out on all



the beauty ed's holiday goss, I did manage to get my hands on a copy of the book on my return.

A true overview of the world of makeup, the *Makeup Manual* covers everything from basic advice for picking a foundation and perfecting a smoky eye to a list of what a professional makeup artist should pack for a fashion shoot. There are chapters on skincare and diet, designing makeup for fashion shows, and potted bios of important figures in the cosmetics industry.

As a result, it caters for readers at opposite ends



A chip on my shoulder

Now I don't want to sound like a princess, but it's gutting when you spend ages on your nails only to have your polish chip within a day. And short of refusing to do the washing up (which *is* princessy), I've always thought there wasn't much you could do to avoid it.

But after conducting a little experiment, I've discovered that Leighton Denny polish is best for longevity. It glides on smoothly but thickly (meaning one coat is often enough) and lasts the better part of a week. It doesn't have the colour range of OPI, but it does offer most hues from subtle sheers to sultry darks and bright poppy shades. Unfortunately these cute miniatures aren't available for purchase, but seek out full-sized bottles, \$29, from salons nationwide. Ph 0800 223 288

of the spectrum – absolute novices or aspiring professionals. The latter will be interested in Brown's insider knowledge, and the former will enjoy the excellent tips and clear illustrations. But if you're confident with basic techniques and are looking for something that goes beyond Brown's signature "natural look," don't expect much in the way of new ideas.

Bobbi Brown Makeup Manual, \$65, from bookstores nationwide

Oxy-action When Madonna raved about facials using hyperbaric (or high pressure) oxygen, spas scrambled to offer the technology. It's used to force pure oxygen into the blood stream and tissue of oxygen-deprived divers. During the facial it is combined with a serum of hyaluronic acid, vitamins and antioxidants and forced deep into the epidermis. I've just tried it at The Elements Spa in Birkenhead, where Jude, the owner, recommends it for instant, obvious results. My face felt hydrated and looked plumped, and the dehydration lines around my eyes almost completely disappeared. I combined it with Jude's excellent face-tightening treatment and the overall effect was impressive. **The Intraceuticals Rejuvenation Infusion, 60 mins, \$250, from The Elements. www.theelementsspa.co.nz**