



Our Pure Fiji spa rituals reflect the beauty, spirit and traditions of Fiji. Breathe deep and be transported far away to the tropical Fijian Islands.

Pure Fiji products are used for all Body Treatments, Massage & Spa Packages.

PURE FIJI BODY TREATMENTS

BODY SCRUB TREATMENTS

Coconut Sugar Glow OR Coconut Creme Body Polish 35 mins \$85

Ultimate Body

Rids the body of dead skin cells, strengthens elasticity while replenishes moisture loss and relieves all your tension. Includes dry body brush, sugar scrub, custom body wrap and 30 minute massage 1.5 hr \$175

Back Blitz

Refresh with a deep cleansing exfoliation to remove any impurities and dead skin from your body. This will leave your skin feeling youthful and radiant. Includes steam, cleanse, microdermabrasion, extractions, mask and moisture application. 1 hr \$125

PURE FIJI MASSAGE

Pure Fiji Back Ritual Massage	30 mins	\$55
Pure Fiji Essential Massage (Head, hands & feet)	1 hr	\$85
Indian Head Massage	40 mins	\$60
Bliss Relaxing Massage (Swedish)	1 hr	\$90
	1.5 hr	\$120
Oasis Deep Tissue Massage (Sports)	1.5 hr	\$120
Tropical Mamma Massage (Pregnancy)	1 hr	\$90
Paradise Hot Stone Massage (Swedish)	1 hr	\$110
	1.5 hr	\$140

PURE FIJI SPA PACKAGES

ISLAND OASIS

Pure Fiji Designer Facial 45 mins
Paradise Hot Stone Massage
Allow 1hr 45 mins. \$200

ISLAND TIME

Pure Fiji Designer Facial 30 mins
Bliss Relaxing Massage 1 hr
Sugar Glow Body Scrub
Allow 2 hrs 15 mins. \$245

PERFECT HARMONY

Pure Fiji Designer Facial 30 mins
Deluxe Manicure
Deluxe Pedicure
Allow 2.5 hrs \$255

PURE INDULGENCE

Pure Fiji Designer Facial 30 mins
Bliss Relaxing Massage 1 hr
Island Time Body Scrub and Wrap
Allow 3 hrs 15 mins. \$350

TOTAL BLISS

Pure Fiji Designer Facial 30 mins
Bliss Relaxing Massage 1 hr
Eyebrow shape, Eyelash tint

Island Time Body Scrub and Wrap
Deluxe Manicure and Deluxe Pedicure
Lunch Included Allow 5.5 hrs ...\$565

Medi-Spa Care Solutions

Initial **COMPLIMENTARY CONSULTATION** required for all Medi-Spa and IPL treatments to ensure a personalised treatment for maximum results.

Appearance Medicine - Nurse appointment

Includes Botox, Juvederm, Platelet Rich Plasma, IPL, and Laser Treatments
Initial Complimentary Consultation

Dr Ian Little appointment

Vein treatments (Free Initial Consultation)
Mole, lesion and skin tag removal and more. Consultation \$95

Cutera CoolGlide IPL and Laser Hair Removal

State-of-the-art Cutera CoolGlide was developed by the pioneers of laser hair removal technology, providing maximum comfort, efficacy and efficiency in a few easy treatments. Suitable for all skin colours (fair to tanned) or hair type (fine to coarse), treating your whole body, for both men and women.

Cutera Genesis Laser Rejuvenation

If you are experiencing fine lines, uneven skin tone, redness, pigmentation, sun-damaged skin or scarring our Genesis Laser helps reverse the signs of aging by stimulating your skin's natural renewal process. Gentle micro-pulses of laser energy are sent to the skin to activate collagen remodeling to give your skin its smooth, radiant complexion. Treatments require no downtime.



Personalised Gift Vouchers

Gift Vouchers are available for individual treatments or packages. Please call us to arrange. Alternatively you can order online & print your own vouchers or send via email.

www.theelementsspa.co.nz



Q Card available in-store.
Lending criteria, fees, terms and conditions apply.

All treatments are performed by professional, fully qualified therapists. Please call us for further details or refer to our website. Members of The New Zealand Beauty Therapy Association.

The Elements Medi-Spa and Beauty

225 Hinemoa Street, Birkenhead **Web:** www.theelementsspa.co.nz
Phone: 09 480 7563 **Email:** reception@theelementsspa.co.nz

Please note all pricing is valid as at December 2018 and is subject to change.

Beautiful Skin starts here



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The Elements

medi-spa and beauty

ADVANCED SKIN SOLUTIONS

BOTOX® JUVEDERM® LASER

Nail Spa

Mini Manicure (Shape, cuticle tidy & polish)	30 mins	\$40
Maintenance Manicure	50 mins	\$65
Maintenance Pedicure	50 mins	\$75

Pure Fiji Luxurious Manicure or Pedicure 1 hr 15 mins \$90

Enjoy a coconut milk soak, sugar rub exfoliation, hot stone massage and a luscious body butter hand or foot mask to hydrate. Using a specifically designed podiatry machine to remove hard skin and improve cracked heels. To finish, cuticles are groomed and nails painted.

Healthy Hoof Heel Treatment

Ideal for those of us with heels that require an extra bit of tender loving care, using a specifically designed podiatry machine to remove hard skin and improve cracked heels followed by an intensive protein treatment.

20 mins	\$40
Add paraffin 40 mins	\$65

Waxing

10% discount when combining 3 or more areas

Lip	\$20
Chin	\$20
Face (doesn't include brows)	\$40
Arms	\$40
Bikini	\$40
French Bikini	\$50
Brazilian	\$68
Underarm	\$25
Half Leg	\$45
Thigh	\$50
Full Leg	\$75
Specialist Men's Waxing - Men's Back or Chest	30 mins	from \$60

Eyes

Eyebrow Shaping	\$25
Eyebrow Tint	\$20
Eyelash Tint	\$25
Eyelash & Brow Tint	\$45
Eyelash Tint & Eyebrow Shape	\$45
Eyebrow Tint & Tidy	\$40
Eyelash & Brow Tint & Tidy	\$60



Spray On Tanning

Spray Tan 1/2 Body	20 mins	\$45
Spray Tan Full Body	25 mins	\$58
Spray Tan with Exfoliation	45 mins	\$115

Pure Fiji Designer Facials

All skins are different and no two people are alike. Because of this we offer our clients individual treatments with skin analysis designed in consultation with you. Using products specific to your individual needs, we can help you get your desired result. Hydrating * Exfoliating * Firming * Purifying Initial **complimentary consultation** recommended for all treatments to ensure a personalised treatment for

Express 30 mins	\$75
maximum results. 50 mins	\$110

Advanced Clinical Facial Treatments

HYDRAFACIAL MD® - MAXIMUM RESULTS, MINIMUM TIME

The HydraFacial resurfacing procedure uses award winning, patented technology. An incredible, non-invasive treatment that simultaneously detoxifies, rejuvenates & protects your skin for immediate results and long term benefits without downtime or irritation. Suitable for most skin types.

45 mins.	\$185
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Add on boosters \$12 each - Dermabuilder Boost (addresses fine lines, skin tone evenness and texture) or Britenol (Vitamin C serum gives skin added brightness and a more even complexion.

Microdermabrasion Facial - Popular for both Men & Women.

Deep exfoliation of the skin removing dead skin cells, polishing the skin and stimulating collagen and new skin cells.

1 hr.	\$125
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Intracutaneous Oxygen Rejuvenating Facial

Cooling oxygen gently delivers powerful antioxidants and serums, which naturally improve hydration levels, protect and repair skin. Leaving expression lines reduced and skin smooth, firm and more defined. Includes microdermabrasion and Healite LED light therapy.

1 hr 30 mins.	\$195
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Pore Refining Facial

This is an excellent facial for detoxifying congested skin this gentle deep pore cleansing treatment has a blend of AHA's and antioxidants to provide a clear and smooth complexion.

1 hr.	\$150
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Metro Man Facial

Recommended for all ages and skin types, this special grooming and conditioning treatment (including Microdermabrasion and brow tidy) will replenish your skin leaving you feeling refreshed and well groomed.

1 hr.	\$125
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Milia Removal

White spots under the skin often appear, called Milia. They are harmless but can look unsightly. For best results we provide a deep cleanse, followed by steam to open up the pores and Milia removal.

50 mins	\$99
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Latest Technology

Epi-Blading Facial - Amazing Results!

Time to remove the unwanted fluffy 'peach fuzz' on your face! Epi-blading is the answer. This is a great way to smooth and de-fuzz the skin's top layers through a method of controlled surgical scraping to remove facial hair. Your skin will feel smooth and hair free.

Skin consultation required. 1 hr 15 mins \$165

Dermafrac Facial Treatment

A procedure that uses epidermal infusion technology to treat many skin concerns such as acne, scars, stretch marks, hyper pigmentation, dry skin, and fine lines. We will select the right serum for your skins needs; anti-aging, lightening or hydration. Involves LED light to improve any sensitivity.

1 hr. \$210

Dermastamp Advanced Skin Needling Treatment

The Dermastamp treatment is successful at treating a variety of skin conditions: acne scarring, skin tightening, lifting and rejuvenation, natural collagen induction, improving wrinkles and fine lines, open pore minimisation and stretch marks. Great for helping minimise lip lines too!

1 hr 15 mins \$299

Medical Grade Clinical Peels

Our peels work from the philosophy of building and repairing with as little trauma as possible. All chirally correct along with anti-ageing properties and are free of parabens and artificial fragrances.

See your therapist to create a peel to suit 1 hour. from \$150

The Elements offers LED Light Therapy, the latest in anti aging skin treatment to stimulate new and younger looking skin.

Simply put, LED machines emit light which penetrates into the skin improving the overall appearance and texture. LED therapy tends to use three different light sources, infrared rays, blue light and red light.

PACKAGE 10 SESSIONS \$550

20 minute sessions.
Relaxing and rejuvenation.
Add on to facial treatment for \$40

